

The Southern Swing Schedule — Tommy

Cycle length: 28 days · Shift length: 8 hours · Average hours per week: 42 hours

	Mon	Tue	Wed	Thu	Fri	Sat	Sun	Mon	Tue	Wed	Thu	Fri	Sat	Sun	Mon	Tue	Wed	Thu	Fri	Sat	Sun	Mon	Tue	Wed	Thu	Fri	Sat	Sun	
Team A	Day	Day	Day	Day	Day	Day	Day	Off	Off	Evening	Evening	Evening	Evening	Evening	Evening	Evening	Off	Off	Night	Night	Night	Night	Night	Night	Night	Off	Off	Off	
Team B	Off	Off	Evening	Evening	Evening	Evening	Evening	Evening	Evening	Off	Off	Night	Night	Night	Night	Night	Night	Night	Off	Off	Off	Day	Day	Day	Day	Day	Day	Day	
Team C	Evening	Evening	Off	Off	Night	Night	Night	Night	Night	Night	Night	Off	Off	Off	Day	Day	Day	Day	Day	Day	Day	Off	Off	Evening	Evening	Evening	Evening	Evening	
Team D	Night	Night	Night	Night	Off	Off	Off	Day	Day	Day	Day	Day	Day	Day	Off	Off	Evening	Evening	Evening	Evening	Evening	Evening	Evening	Evening	Off	Off	Night	Night	Night

Day = Day shift · Evening = Evening shift · Night = Night shift · Off = Day off