

# The 5-5-4 Schedule — Tommy

Cycle length: 15 days · Shift length: 12 hours · Average hours per week: 50.4 hours

	Mon	Tue	Wed	Thu	Fri	Sat	Sun	Mon	Tue	Wed	Thu	Fri	Sat	Sun	Mon
<b>Team A</b>	Day	Day	Day	Day	Day	Off	Off	Off	Off	Off	Night	Night	Night	Night	Off
<b>Team B</b>	Off	Off	Off	Off	Off	Night	Night	Night	Night	Off	Day	Day	Day	Day	Day
<b>Team C</b>	Night	Night	Night	Night	Off	Day	Day	Day	Day	Day	Off	Off	Off	Off	Off

Day = Day shift · Night = Night shift · Off = Day off

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