

The 4/10 Compressed Schedule — Tommy

Cycle length: 7 days · Shift length: 10 hours · Average hours per week: 40 hours

| | Mon | Tue | Wed | Thu | Fri | Sat | Sun |
|--------|-----|-----|-----|-----|-----|-----|-----|
| Team A | Day | Day | Day | Day | Off | Off | Off |

Day = Day shift · Off = Day off

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