

# The 21 On 7 Off Roster — Tommy

Cycle length: 28 days · Shift length: 12 hours · Average hours per week: 63 hours

	Mon	Tue	Wed	Thu	Fri	Sat	Sun	Mon	Tue	Wed	Thu	Fri	Sat	Sun	Mon	Tue	Wed	Thu	Fri	Sat	Sun	Mon	Tue	Wed	Thu	Fri	Sat	Sun
<b>Team A</b>	Day	Day	Day	Day	Day	Day	Day	Day	Day	Day	Day	Day	Day	Day	Day	Day	Day	Day	Day	Day	Day	Off	Off	Off	Off	Off	Off	Off

Day = Day shift · Off = Day off

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