

# The 2-2-3-2-2-3 Rotating Shift — Tommy

Cycle length: 14 days · Shift length: 12 hours · Average hours per week: 42 hours

|               | Mon   | Tue   | Wed   | Thu   | Fri   | Sat   | Sun   | Mon   | Tue   | Wed   | Thu   | Fri   | Sat   | Sun   |
|---------------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|
| <b>Team A</b> | Day   | Day   | Off   | Off   | Day   | Day   | Day   | Off   | Off   | Day   | Day   | Off   | Off   | Off   |
| <b>Team B</b> | Off   | Off   | Day   | Day   | Off   | Off   | Off   | Day   | Day   | Off   | Off   | Day   | Day   | Day   |
| <b>Team C</b> | Night | Night | Off   | Off   | Night | Night | Night | Off   | Off   | Night | Night | Off   | Off   | Off   |
| <b>Team D</b> | Off   | Off   | Night | Night | Off   | Off   | Off   | Night | Night | Off   | Off   | Night | Night | Night |

Day = Day shift · Night = Night shift · Off = Day off

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